



# **ASN UPENDO VILLAGE**

**TITLE: ASN UPENDO VILLAGE**

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**SUBMITTED BY: ASN UPENDO VILLAGE, KENYA**

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## **EXECUTIVE SUMMARY**

ASN Upendo Village has continued to live its name by providing love to the community and especially those infected and affected by HIV and AIDS. The education department organized two academic days mainly to evaluate academic performance. The first one was held on August 18<sup>th</sup> and the second one on 25<sup>th</sup> August. Sponsored pupils have also reported back to school for the third term and prompt payment of their school fees and acquisition of other necessities was effected to facilitate their timely return to their respective schools.

The income Generating Activities Project was able to give 3 dairy goats, 2 to clients and 1 to a grandmother. 30 improved chickens were given to 15 clients and a total of 8 home visits were made. 15 solar lamps were distributed to a total of 15 clients. 4 clients attended bee keeping training at Baraka Agricultural Farm in Molo during the period under review.

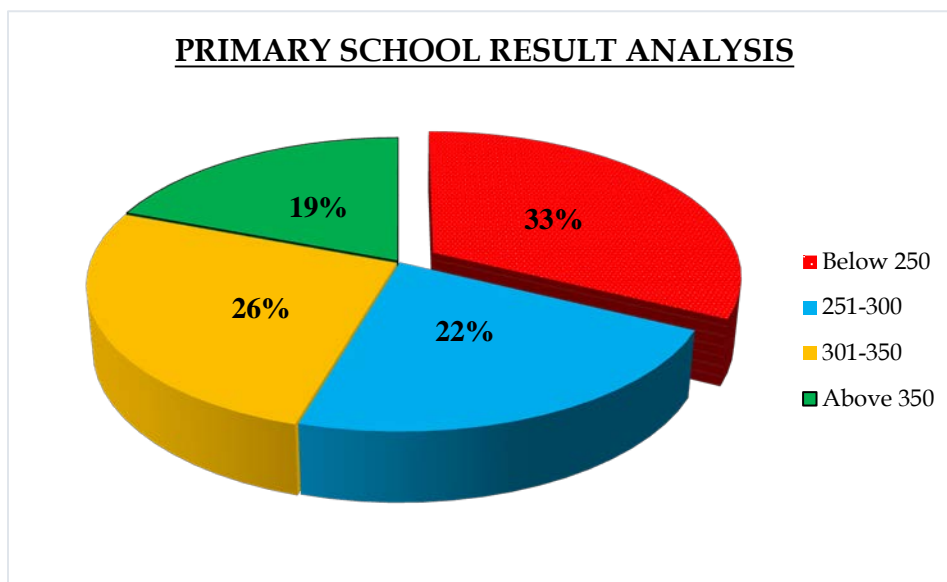
The dispensary continued providing preventive as well as curative services to both our clients as well as the wider general public. During the month of July and August, a total of 502 clients received nutritional food supplement during support group meetings. The social services department continued to provide psycho-social support to the support group members and the grandmothers taking care of orphans and vulnerable children. We held kids club in the month of August and a total of 90 children attended the meeting.

The report herein provides an in-depth description of the various activities that were carried out by the ASN Upendo Village team in the different departments during the months of July and August 2015.

We would like to most sincerely thank all our sponsors because it is as a result of their selfless giving that the lives of people infected and affected by HIV and AIDS in Naivasha has been greatly impacted and transformed.

## EDUCATION DEPARTMENT

During the month of August when the sponsored pupils and students were on their vacation, the department organized for two academic days mainly to evaluate academic performance. The first academic day held on August 18 was meant for pupils of kindergarten up to class seven and the second academic day held on August 25<sup>th</sup> for students of class eight up to colleges and university. The performance of lower primary pupils was quite remarkable in comparison to that of pupils in the upper primary classes i.e. class 6 up to class 8. The pie chart below summarizes the analysis of primary results.



It is pleasing to note that 67% of the pupils had scored 250 marks and above with only 33% of the total primary school students scoring 250 marks out of 500 marks. During the first academic day, students were inspired and guided by their guardians and various staff of Upendo Village. The department recognized and appreciated all pupils who had the best performance in each class.



*Samuel & Patricia posing with best performing pupils*



*Pupils being served with lunch during academic day*

## Secondary Schools

There was a decline in the performance of the most High school students in second term especially in Form Two and Three. Table below gives a brief description of High school performance across all the classes. All students who had put up a good performance across various classes in high school were also rewarded during the second academic day.

MEAN GRADE	A	A-	B+	B	B-	C+	C	C-	D+	D	D-	E	Z	TOTAL
Form 1			1	2	2	5	1	1	4	0	0	0	0	16
Form 2			1	1	3	4	1	4	1	2	1	0	1	19
Form 3					3	2	4	7	1	0	1	1	0	19
Form 4					1		1		4			0	3	9
<b>TOTAL</b>			<b>2</b>	<b>3</b>	<b>9</b>	<b>11</b>	<b>7</b>	<b>12</b>	<b>10</b>	<b>2</b>	<b>2</b>	<b>1</b>	<b>4</b>	<b>63</b>

### KEY

Z-No results



*Peter, staff member giving a talk to students and their guardians during an academic day*



*Sr. Juliana addressing pupils/students during the recent academic day*



*Juliana, Patricia and Samuel in group photo with the best performing class 8 pupils & high school students*

**Challenge:** The department witnessed that, most of the form four candidates didn't give out their report cards to the department due to comprehensive exams which were done towards the end of the term hence causing delay in marking and release of final results.

Currently the number of sponsored students is standing at 193. During the month of September, four additional pupils were sponsored under the CUSP program. The sponsorship program is currently having 28 students at college level, 63 students in high school and 101 in primary school. The program has also 1 kid at nursery school level.

<b>Type of institution</b>	<b>Boys</b>	<b>Girls</b>	<b>Total</b>
<b>Nursery School</b>	0	1	1
<b>Primary School</b>	47	53	100
<b>Secondary School</b>	29	34	63
<b>Polytechnic/College/University</b>	14	9	23
<b>Secondary School Leavers</b>	0	1	1
<b>College leavers</b>	4	1	5
<b>TOTAL</b>	<b>94</b>	<b>99</b>	<b>193</b>

#### ***Gender distribution of sponsored students at ASN Upendo Village***

Out of the fourteen post-secondary students of 2014, twelve have qualified for different courses with one repeating. We have one post-secondary candidate who is yet to get admission for a particular course. This year we had 3 students qualifying to join public universities while 11 of them will be joining private and public colleges. Three candidates of 2014 post-secondary have already joined their respective colleges. The rest will be joining their respective colleges/universities in the course the month of September where majority are admitted for teaching courses.

## INCOME GENERATING DEPARTMENT

The Income Generating Program is trying all it can to see that our clients and the guardians have benefited fully with projects that are in the program so as to live dignified life's . Through the program, many of our clients have subscribed to various improvements in their lives such as an improved livelihood and they are very grateful to the donors.

### Dairy goats

During the period under review, two clients and one guardian were issued with dairy goats. In total 301 clients and guardians have benefited with the dairy goats since the beginning of the program. In the year 2015, 47 dairy goats have been issued out.



*Jane Nyakonyo centre receiving dairy goat from sr. Juliana. Watching is IGAs coordinator Stephanina Kuria*

### Improved Chicken

During the period 30 chickens were purchased and given to 15 clients. Year 2015, 47 clients and guardian have benefited with improved chickens.



*Sr. Juliana with some of the beneficiaries of improved chickens*

### **Solar Lamps**

15 clients benefited with solar lamps during the period under review making a total of 54 clients and guardians who have benefited with solar lamps in 2015.

### **Beehive Project**

In the month of July, one of the bee hive beneficiaries harvested eight kilos of honey. The family sold six kilos at five hundred shillings per kilo. With the money they paid for the Kenya certificate of primary examinations (KCPE) fees for their daughter who had initially been refrained from school for lack of the required amount of school fees.

### **Training on Bee keeping**

Four clients went for training on bee keeping at Baraka Agricultural Farm Molo. The training took a period of one week.



*From left Mr. Samuel Ngige, Mrs. Agnes Wacera and Miriam Wairimu among members who benefited from beekeeping training*



*Sr. Juliana (right) and the trained members displaying their certificates. Left is IGAS coordinator displaying sample of honey harvested by one of the beneficiaries*

### Home Visits

Eight families were visited during the period under review: dairy goats, chickens and their gardens were found to be doing well.



*IGAs coordinator (Stephanina) left, Agnes Wacera centre and Patricia right during a home visit*

### Interest free loans

One grandmother Rahab Muthoni who benefited with the interest free loan project for farming in April harvested eight bags of beans. She is expecting to harvest maize in the month of October.



*Left grandma Rahab Muthoni and IGAs coordinator with some of her farm produce (Beans) bought by Upendo Village*

A staff member from Amiran Kenya Ltd trained 73 members of the Karai support group on land preparation before making a seedbed, when and how to transplant the seedlings. This was carried out within Upendo Village during their support group meeting.



*Mr. Chege an Agronomist from Amiran Kenya Ltd demonstrating to support group members on seedbed preparation*

#### **Water plant project (Fountain Valley Packaged Drinking Water)**

The water project has continued to offer high quality products to the market and customers are appreciating and buying our product. The marketing team in collaboration with the project development office and Fountain Valley water management committee has continued to come up with different marketing strategies and tools which would enable the project to remain sustainable.

During the period under review, the water team managed to secure water supply tender with Kijabe Saving & Credit Co-operative Society Limited in Kiambu county. This will help in marketing the product since Kijabe hospital is visited by many patients and clients from different counties. We also managed to secure a more stable and reliable supplier who supplies bottles, security seals and wrappers to Upendo Village hence solving out the problem of delayed supplies.

On daily basis, our staff is out in the market supplying water to different customers.



*Fountain Valley water selling team (Left) loading empty refill bottles and right a client stocking half liter and 1 liter packs of water in her store ready for sale*

## THE MEDICAL DEPARTMENT

Dispensary department is one of the few departments in Upendo Village Umbrella. It's made up of a dedicated team with different professionals and in the last eight months it has made major milestones in terms of clientele attendance and quality provision of healthcare. In the months under review, the dispensary continued to provide preventive and curative services to both our clients and the general public.

The tables and figures below show different services that were provided in the month of July and August 2015.

### Attendance in the month of July and August 2015 (Outpatient general cases)

Cadre	1 <sup>st</sup> Attendance (July)	2 <sup>nd</sup> Attendance (August)	Total
<b>Male</b>	150	239	389
<b>Female</b>	199	332	531
<b>&lt;5 years</b>	35	41	76
<b>Total</b>	384	612	996

Maternal and child health		Child welfare clinic	
New cases	4	Re-attendance	59
Re-Attendance	16	New cases	19

### HIV/AIDS enrolments

In care Enrollments	33 Patients
VCT testing	67 Patients

### Additional services

Laboratory tests done	586
Cervical cancer screening	5
Physiotherapy	1

### Top ten institution diseases

1. Upper respiratory tract infection(URTI)
2. Gastroenteritis
3. Tonsillitis
4. Pneumonia
5. Skin infections
6. Typhoid fever
7. Joint pains and arthritis
8. Septicemia
9. Hypertension
10. Urinary tract infection(UTI)

## NUTRITION DEPARTMENT

The nutrition department of ASN Upendo Village is mandated with the responsibilities of ensuring that the clients receive the nutritional knowledge which is vital in boosting their immunity as well as distributing nutritious food supplements in collaboration with the social welfare department.

The support groups have been of great help to our clients since they share and open up among themselves thus improving their self-esteem.

During the month of August, kids- Club and academic days students are served with a well-balanced diet.



*Teenagers taking lunch during kids club (senior) meeting on August 21<sup>st</sup> 2015*

We also continue appreciating our donors for their continuous support of providing nutritional supplements to our clients which have been of great essence to their lives.



*Guardians preparing lunch during kids club meeting on 10<sup>th</sup> August 2015*

We also had two bedridden clients from Mirera and Karai support group during the period under review but through the provision of the nutrition supplements they are now improving and we are hoping that they will soon be on their feet.

#### **Support group attendance**

<b>Name of the support group</b>	<b>July 2015</b>	<b>August 2015</b>	<b>Total Attendance</b>
Maai-Mahiu	52	56	108
Karai	78	82	160
Mirera	76	78	154
Town	48	32	80
<b>Total</b>	<b>254</b>	<b>248</b>	<b>502</b>



*Support group members been served with a well-balanced nutritious food and fruits for lunch*

## **SOCIAL WELFARE DEPARTMENT**

The mission of ASN Upendo village is to spread the Gospel message to people living with HIV/AIDs so that they may live with dignity, self-esteem, self-sufficiency and respect. People living with HIV and AIDs are referred to Upendo Village for social and psychological support and this has led to the formation of the support groups for those affected and infected with HIV and AIDs.

The department creates awareness during support group monthly meetings and even go beyond to schools, churches, institutions like flower farms and in other social gatherings. Social welfare office also organizes and co-ordinates kids club meetings (children who are infected) during holidays and also meet with their grandmothers and guardians. The department also sensitizes members of support group on the emerging issues that affect their lives especially health.

### **Support groups**

In the beginning of July 2015, the head of state president Uhuru Kenyatta declared total war on illicit brews in the whole country. In Naivasha sub-county, the area Member of Parliament Mr. John Karanja Kihagi led a raid on some local breweries of second generation alcohol around

Kihoto area (Naivasha town) where most of our clients live. The issue of alcoholism was addressed in our July support group meetings and it was evident that alcoholism was derailing the fight against HIV and AIDs in Naivasha and its environs. Many Kenyans have died and others lost their sight as a result of this alcohol consumption.

### **Donation**

In the month of July, the pastor of Maai Mahiu ACK church donated 2 bags of maize, 2 bags of beans, and 1 bag of porridge flour to the Maai Mahiu support group. The clients were so grateful for the gift.



***Sr. Juliana and few Mai Mahiu support group members receive a donation of cereals from Pastor Joshua Maina***

### Enrollment

Clients	July	August	Totals
<b>HIV positive Men</b>	1	4	5
<b>HIV positive Women</b>	3	5	8
<b>HIV positive Children</b>	3	6	9
<b>Household members</b>	1	3	4
<b>OVCs</b>	24	26	50
<b>PMTCT Babies</b>	0	0	0

### Grandmothers

Our monthly meetings with the grandmothers have been a source of inspiration and encouragement as they age and shoulder the burden of bringing up the grandchildren.

### House Improvement Project

A friend of Upendo village gave a donation for the construction of a house for one of the grandmother who has been living in a rental house in Naivasha town for the last 9 years.

Helen Wathoni aged 70 is a grandma of 3 kids, 2 of them are HIV positive and all are sponsored by Upendo village. They are; Elizabeth Wathoni in form 4 at Magomano secondary school, Joseph in class 7 and Michael class 6. The mother of the children who is Helens daughter died when Elizabeth, Michael and Joseph were aged 10, 5 and 2 respectively. By then she was living in a single wooden room in a church compound in Mununga settlements schemes in Nyandarua County. She did casual jobs in people's farms as well as hiring gardens to grow her own food for sale and consumption and also kept chicken. The casual jobs were not easy to get due to the fact that they are found seasonally hence financially she was not secure. Nonetheless, when her daughter died, she had to take her 3 grandchildren since nobody was willing to live with them because of their HIV/AIDs status.

That is the time she came to realize that not so many people like orphans especially those who live with their grandmothers. They were assumed to be a burden and a bother and later they were rejected even by the church and the community and ordered to vacate the premise.

They moved to Naivasha in 2007 when the countrywide clashes were still going on. She opened a green grocer kiosk in upper town of Naivasha but the business didn't succeed due to insecurity caused by the post-election violence.

At a particular time, she looked for help in one of the protestant church in town which had an orphanage to look in her 3 orphaned children to ease her burden. Unfortunately it was fully booked and they referred her to a different orphanage but still all that struggle was in vain.

At one time she was referred to the St Francis Xavier Catholic Church in Naivasha and by then Upendo village was operating within the church compound. Upendo village came to know her when she sought assistance from a social worker working in social welfare program at the church. In 2009, the Catholic Church in Naivasha through the social office received donation to support homeless people with land and built houses for them and Hellen happened to be one of the beneficiaries. Hellen benefited with a quarter of an acre land near Naivasha town.

It was a turning point in her life and she thought of how she could build a temporary house in that piece of land. She later joined the grandma to grandma group at ASN Upendo village. When the interest free loan program was started, she was one of the beneficiaries and she applied for KES 10,000 which helped her to start small scale agriculture in her piece of land. She got a good harvest of potatoes and since then the piece of land has helped her get food for the family and sell the surplus earning some little income.

In 2015, a friend of Upendo Village filled Hellen with unimaginable joy. She received the good news that a permanent house would be constructed for her. On June 2015, the construction of permanent house started and as soon as the last roof was completed and painting was done, Hellen and her grandchildren moved to the new wonderful house on 6<sup>th</sup> August 2015. Thanks to Sr. Florence for her good work, may the good Lord bless the donor.



*Left: ASN Upendo village staff members visiting the construction site to assess the progress. On right is Hellen's new house*

### **Confirmation**

Embracing holistic way of service, on 7<sup>th</sup> August there was a confirmation ceremony in one of the neighboring parish (Karati) and one of the sponsored kid was confirmed. He is Dominic Muthwa (HIV positive) in class 3 and under care of a grandma. Bishop Maurice Muhatia (Catholic Diocese of Nakuru) officiated the occasion with Sr. Agnes Wanja and Sr. Juliana Mutisya who attended the ceremony.



*Sr. Juliana and Sr. Agnes, Bishop Maurice, Dominic (second left front row) with other children poses for a photo after the confirmation ceremony.*

### **Prevention of Mother to child Transmission of HIV and AIDS**

The PMTCT program continues to support HIV positive mothers opting for exclusive replacement feeding to access infant formula milk for their babies. During the period under review, the department had a total of 14 babies continuing on infant formula milk. HIV positive mother were taught on living positively and adherence to ART.

### **Kids club**

After realizing that the number of kids attending the kids club meeting had gone up, the department separated the kids (below 13 years) from teenagers (Above 13 years) and the first meeting for the two separate groups was held this holiday. The kids below 13 years had their meeting on 10<sup>th</sup> August 2015 and those above 13 years on 21<sup>st</sup> August. A total of 90 kids attended the meetings. We had invited Emily Wairimu a facilitator from Maai Mahiu CTC (comfort the children international) which partner with Upendo village.



*Sr. Juliana posing for a group photo with teenagers during kids club meeting*

### Gender desk

The gender desk plays an important role in addressing gender based – violence within our area of coverage. In August 2015, a father who defiled his daughter and infected her with HIV virus got a life sentence in prison.

The late Naomi Kirehu's land case is ongoing. The first witness an advocate testified in court. The next witness will be produced by the accused (the late Kirehu's grandson) in court on 27<sup>th</sup> November 2015. There is hope that with the new land reforms laws in Kenya, a solution will be found to the case.